

**Virginia State University**  
**Department of Student Activities**  
**Intramural Recreational Sports**

**Participation, Risk Acknowledgement and Legal Release Form**

I, \_\_\_\_\_, desire to participate in the Extramural \_\_\_\_\_ Tournament sponsored by the Recreation and Leisure Program of Virginia State University.

I understand that participation in any type of recreational sports activity carries with it an inherent possibility of injury. This includes injury from contact with others and/or the playing environment, aggravation of pre-existing injuries and/or conditions, and effects of over exertion and heat injury. I fully and freely assume all foreseeable risk of injury associated with the activities in which I have enrolled or will enroll. I do hereby release Virginia State University, its employees' agents and contractors from any and all actions, claims, lawsuits, liabilities, and causes of action or demands of whatever nature which might arise from my voluntary participation in these activities. I certify that I have had physical examination within the last year and I am physically fit to participate in the activities for which I have enrolled. I also certify that I have a medical insurance policy currently in effect, and that I have a medical insurance policy current during this tournament.

I also acknowledge that I am not a member or affiliated with any varsity sport at my college or university.

**NAME:** \_\_\_\_\_

**SCHOOL:** \_\_\_\_\_

**EMERGENCY PHONE:** \_\_\_\_\_ **CELL:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_