

DEPARTMENT: Health, Physical Education, Recreation and Dance (H.P.E.R.D.)

DEGREE: Bachelor of Science (B.S.) MAJOR: Health and Physical Education

MINOR 1: MINOR 2:

Name: First: Middle Initial: Last:			V#	Phone: ( )			
Minimum 2.0 Overall G.P.A.		All Core (PHED), RC	English (ENGL) and HPERD	Minor Courses:	Minimum Grade: C-		
HPERD Course Curriculum			Substitutions/Minor/Waived	Letter Grade or TR (Transfer)			
Course Title	Hrs	Course ID	Course Title	Course ID	Grade/TR	Total Hours	Sem/Year
<b>Freshman Year</b>							
Composition I	3	ENGL 110					F/W/Sp/Su/Year
Health and Wellness	2	HPER 170					
Basic Math I	3	MATH 112					
Body Mechanics	1	PHED 125					
History Elective	3						
Social Science Elective	3						
Composition II	3	ENGL 111					
Basic Math II	3	MATH 113					
Foundations of Physical Education	2	PHED 120					
Science Elective (Lec/lab)	4	BIOL 116					
Technology Elective	3						
<b>Sophomore Year</b>							
Beginning or Intermediate Swimming	1	PHED 127 or 128					
Team Sports I or II	1	PHED 200 or 201					
Coaching and Officiating	2	PHED 232					
History, Principles & Obj of Phys Educ	3	PHED 274					
Global Studies Elective	3						
Humanities Elective	3						
Literature Elective	3						
Theory and Practice of Gymnastics	1	PHED126					
Lifetime Sports I or II	1	PHED 211 or 212					
Minor	3						
Unrestricted Elective	3						
Unrestricted Elective	3						
Unrestricted Elective	3						
<b>Junior Year</b>							
First Aid/Emergency Medical Care	2	HLTH347					
Science Elective (Lec/lab)	4	BIOL 318					
Unrestricted Elective	3						
Unrestricted Elective	3						
Unrestricted Elective	3						
Motor Learning	2	PHED 329					
Rhythmic Forms	1	PHED 335					
Kinesiology	3	PHED 338					
Minor	3						
Unrestricted Elective	3						
Unrestricted Elective	3						
<b>Senior Year</b>							
Measurement and Eval of Hlth and PE	3	PHED 339					
Adapted Physical Education	3	PHED 400					
Org & Adm of Hlth, PE, Recr & Athletics	3	PHED 401					
Physiology of Exercise	3	PHED 403					
Minor	3						
Minor/Internship	3	PHED; PESM; HLTH; RECR or DANC 472					
Minor	3						
Minor	3						
Unrestricted Elective	3						
Unrestricted Elective	3						
<b>Total Hours Required</b>	<b>120</b>				<b>Completed</b>	<b>Hours</b>	<b>0</b>
<b>Cleared For Graduation</b>			<b>Graduation Month and Year</b>				
<b>Chairperson, H.P.E.R.D., Signature</b>			<b>Date:</b>				
<b>Dean, College of Education, Signature</b>			<b>Date:</b>				

**COLLEGE OF EDUCATION**  
**DEPARTMENT OF HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE**  
**COURSES REQUIRED FOR HEALTH SCIENCE MINOR (HPERD MAJORS)**

Student Name: First: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last: \_\_\_\_\_ V #: \_\_\_\_\_

All courses for the Minor must be completed with a minimum grade of C- in each course, and a minimum overall grade-point average of 2.0. A Minor Request Form must be completed with proper signatures and filed in the Registrar's Office. Successful completion of the Minor is indicated on the transcript.

Students in any school at Virginia State University may declare the **Health Science Minor** and satisfy the requirements by completing a minimum of 18 semester hours as indicated below

**REQUIRED COURSES: (12 semester hours)**

COURSE TITLE	COURSE ID	SEMESTER HOURS	LETTER GRADE	SEMESTER/YEAR
Foundations of Health Science	HLTH 210	3		
Cultural Diversity In Health Counseling	HLTH 343	3		
Scientific Readings in Health	HLTH 349	3		
Internship*	HLTH 472	3		

**SELECT A MINIMUM OF 6 SEMESTER HOURS FROM THE FOLLOWING COURSES:**

COURSE TITLE	COURSE ID	SEMESTER HOURS	LETTER GRADE	SEMESTER/YEAR
Special Topics in Health	HLTH 311	3		
Drug Use and Drug Abuse Education	HLTH 330	3		
Health Practicum	HLTH 337	3		
Community Health	HLTH 340	3		
Contemporary Health Issues	HLTH 342	3		
School and Community Health Program	HLTH 346	2		
Directed Research	HLTH 348	3		
Human Reproduction and Sexual Development	HLTH 440	3		
Health Teaching Methods and Materials	HLTH 441	3		
Health and Wellness	HPER 170	2		
Total Hours Required: 18	Total Hours Completed			

\*Students are strongly encouraged to consult with their advisor regarding enrolling in HLTH 471 Internship Seminar to prepare for HLTH 472 Internship.

Cleared for Graduation \_\_\_\_\_ Graduation Month and Year: \_\_\_\_\_

HPERD Department Chairperson's Signature \_\_\_\_\_ Date: \_\_\_\_\_

School of Liberal Arts and Education Dean's Signature \_\_\_\_\_ Date: \_\_\_\_\_